

Meeting was called to order at 8:30 by Beth Wipf.

Members were asked to enter names and titles into chat box for attendance.

Minutes of September 24th meeting were unanimously approved with Deb Comella making a motion to approve and a second was made by Chuck Bradley.

## **NEW BUSINESS**

School Board Update – Betsy Vaughn reported that the Board continues to monitor the COVID numbers throughout the District. She also said the Board is working on getting more students to return to face to face learning because of the difficulty of online learning. Home Connect is a good program, but it can be very difficult to do successfully. Many students are having a difficult time educationally and socially/emotionally due to the isolation of being at home. The hope is that more and more student will return in January.

UF/IFAS Family Nutrition Program Update – Kathleen Morales Perez, Public Health Specialist, introduced the Family Nutrition Program which is designed to help people make healthy food choices. They provide free nutrition education. She works closely with the school cafeterias. Kathleen provided a flyer explain their program and some of their best practices and initiatives. (Flyer sent out to all members)

Kelly Wilson, Food Systems Specialist, spoke next. She works with the farm to school access. She works to help people have access to fresh produce. Using Fresh Access Bucks allows people with SNAP/EBT benefits to purchase more fresh produce each time they shop. Sunflower discount market is piloting this program. Kelly also shared a flyer regarding this program. (Flyer sent out to all committee members)

Andrea Moron, Program Manager, spoke next. Andrea coordinates the Family Nutrition Program. They are working with several different schools teaching nutrition-based education. They also work with Early Childhood Learning Centers. Andrea shared two flyers of virtual education programs they are currently providing. (Youth Understanding My Plate (YUM) and Cooking Matters at Home flyers were sent out to all committee members)

Health and Wellness Updates – Heather Parker, Wellness Coordinator, gave an overview of all of the wellness initiatives going on in the District. Health screenings have been completed for this year. They were held at three schools this year with a total of 1146 people seen. Usually over 5000 employees are screened; however, due to the restrictions in place because of COVID there was a lower turn out. The District has created a \$50.00 incentive to encourage employees to see their doctor for their annual physical. Only 18% of the employees go to their physicians yearly. With the increased incentive, the District is hoping more employees will have an annual physical. Flu shots are on the increase, 67% of the participants that were screened got or already had their flu shots.

The School District is working with CVS to help disseminate the COVID 19 vaccinations. Hoping to have that available in January or February of 2021. CVS will be coming to the schools, using the wellness advocates at the schools, to set up times.

The Wellness Department is doing a lot of online classes but there are some in person classes also. Sign-ups will be starting for the Lift Project. This is a mental health program. The District has 600 licenses to share with the employees. It is also approved for kids.

Full Plate Diet – This is a \$150.00 program that is currently free. It is online for anyone in the community. It's a 16-week program that teaches you how to eat more high fiber foods. It is being paid for through grant. (Flyer was sent out to all committee members)

Zombie Outbreak – This is a virtual program that is running with the Million Mile Movement. It starts December 14<sup>th</sup>.

Health Services Update – Beth Wipf, Health Services Coordinator, gave an update for Health Services. She thanked Julie Noble with Golisano Children's Hospital for securing a second AED machine for Buckingham Exceptional School. They now will have an AED accessible at all times.

Health screenings for students are continuing. The District is working with two Vision Service providers to offer free comprehensive eye exams and free glasses if needed. Forty-seven schools have received this service this year to date.

Health Services is also working on health screenings for Lee Virtual students. Lee Virtual students will also be invited to visit the Vision Bus, if necessary, the week following the initial screenings.

Health Services is partnering with Family Health Centers to provide free dental exams for grades 2 and 5. The exam includes a screening with fluoride and dental sealants if needed. These will be starting in January 2021.

Beth reviewed the hard work of the school nurses and the COVID Command Center. The Command Center is currently processing 100-150 contact forms/day. These forms are completed, reviewed and forwarded to the DOH for further investigation and contact tracing.

Health Services continues to meet with local healthcare providers, Lee Health and Department of Health to discuss information regarding COVID related issues and improving on ways to keep staff and student safe.

Drug House Odyssey - Deb Comella, Director of Drug-Free SWFL, introduced the Drug House Odyssey program. Introduction video played - <https://youtu.be/KILBVnvJlks> There is also a 40 minute video which can be found on the website at [www.drugfreeswfl.org](http://www.drugfreeswfl.org). This can be used by teachers and other staff members for training purposes. It is set up in scenes that you can stop and have discussions in between.

Next Thursday, Lauren Harkin, MADD Coordinator, is doing a virtual education program on Facebook Live for parents through SWFL Parents prevention page.

Staff Sargent Pierce spoke briefly about the Night Vision Prevention Program. (Flyer was sent out to all committee members) It is a drug awareness presentation that was done in person at schools. Now the presentation is being done virtually. It is an interactive video. If anyone would like to reach out to Staff Sargent Pierce his email is: [Christopher.j.pierce14.mil@mail.mil](mailto:Christopher.j.pierce14.mil@mail.mil).

Planning monthly prevention meetings through the Parent Prevention page.

Deb is still hoping to be able to do Drug House Odyssey in person this April.

SHAC Google Drive – Moira Miner has given all SHAC Members access to the Google Drive. In this drive the meeting minutes, agendas, handouts and meeting recordings will all be located. There are about 22 members that do not have a Goggle account so they were not able to be given access. If you did not receive access but have a Google account please email Moira at: [moiravm@leeschools.net](mailto:moiravm@leeschools.net).

## GOOD OF THE ORDER

Leisha and Beth will be reviewing the expectations and state guidelines for the SHAC committee. They will present their findings at a future meeting.

Heather Parker encouraged everybody to remember to eat your vegetables.

Chuck Bradley discussed the new bullying and Title IX processes. The district will be working with the LGBTQ community to support those students. Chuck will discuss this topic more at an upcoming meeting.

Sara and Kathy spoke of the nicotine prevention course that schools can use for students that are caught with nicotine on campus. It also contains a “quit plan”. This program is being more widely used throughout the District.

Kathy also shared that vaping PSAs have also been created by two of the High schools. Over the winter break they will run at Merchants Crossing movie theater.

Kellie Brunner from the American Lung Association spoke of a new campaign about talking to your kids about vaping. On the American Lung website. Its gives parents’ pointers on how to identify if their child is vaping.

Heather Parker made a motion to end the meeting and Beth Wipf seconded.

Meeting adjourned at 9:45am.

## 2021 Meetings

February 11, 2021

April 8, 2021