

School Health Advisory Committee Meeting

April 13, 2023

Lee County Public Education Center

9:00 – 10:30 am

Member/Guests/Presenters

Albertson, Kimberly	LCSD - Insurance and Benefits
Bergeron, Emily	CPE - -Mobile crisis
Bultman, Syndi	Lee Health - Injury Prevention Resource Coordinator
Colon, Wildaliz	LCSD-Assistant Director - Health Services
Dalabes, Meg	ACT, Director of Community Education and Prevention
Evans, Amanda	DOH - Health Educator
Fischer, Mary	Community Member
Giovannelli, Melisa	LCSD - Board Member
Kurtz, Julie	LCSD-Registered Dietitian
Loren, Alexandria	ACT - Primary Prevention Specialist
Miner, Moira	LCSD - ESE Nurse Specialist
Noble, Julie	LMHS - Safe Kids SWFL Coordinator
Parker, Heather	LCSD-Wellness Coordinator
Rodriguez, Mary Lynn	LCSD-Coordinator School Counseling Services
Roy, Leisha	LCSD-Health Educator, SHAC Chair
Sansone, Katie	LMHS - Education Specialist, Asthma/COPD Mgmt
Schofield, Nicole	DOH - Lee
Summe, Teresa	Lee Health - Asthma & COPD Mgmt Manager
Thompson, Sara	LCSD - Prevention Specialist
Wynne, Kathy	LCSD - Prevention Specialist

Meeting was called to order at 9:03 by Leisha Roy.

Minutes from the February 9th meeting were unanimously approved with Mary Fischer making a motion to approve and a second was made by Teresa Summe.

Agenda for the meeting was unanimously approved with Amanda Evans making a motion to approve and a second was made by Sara Thompson.

NEW BUSINESS

Employee Wellness – Heather Parker prepared a recipe for healthy waffles. She reviewed each ingredient and the import role each played in making it a healthy meal.

Primary Prevention Initiatives – Meg and Alexandria from the Abuse Counseling and Treatment Center spoke on their primary prevention initiatives. They are part of the Community Education Program. They help to bring awareness and they shared their vision statement with the group.

Alexandria works with the schools to teach them about their prevention program – Safer Smarter Teens. They talk about a variety of things including safe communication/relationships, warning signs of grooming and sexual abuse and sexual harassment. She reviewed some of the feedback/comments from students in various programs.

Meg shared the campaign information that is being disseminated and how important it is to get it out to the kids and make sure it is at their level. It talks about violence and abuse and where to get help once it has occurred. She said their campaign is geared more towards trying to prevent the violence/abuse from happening by teaching kids how they should be treated and how they should treat others. The campaign is titled - Ask. Accept. Affirm.

It focuses on teaching people to ask permission, accept the person's response and affirm the other person's choice. She reviewed the posters that were created and also handed out some book marks and postcards that have been created. A resource card was also given out listing many of the resources available to use.

Healthy Living Collaboration – Leisha shared that Mary Graham, Amy Carroll, Susie Hassett and Leisha met with Dr. Bernier to talk about the future of the Healthy Living Collaboration. He challenged them with making a five-year plan of how they see this group. Dr. Bernier also shared that one of his big initiatives for the school district is a “Healthy Living Initiative”, which would include the Healthy Living Collaboration and Farm to School as well as many other community agencies.

Leisha also shared that Sprouts reached out and is going to be doing a complete garden build out at Heights Elementary as part of a 25,00 grant. The Estero General Manger of Sprouts also reached out to the Board to ask for a school nomination so they could also finance another garden build in the Estero area.

The Healthy Living Collaboration will report directly to Dr. Cupid McCoy, Deputy Superintendent, so she can keep Dr. Bernier aware of what is going on with the group.

SHAC Nominations - Secretary nomination - Leisha made a motion to nominate Sara Thompson and Moira Miner to be Co-Secretaries for the 2023 – 2024 school year. Kathy Wynne seconded that nomination. No other nominations were made, motion passed.

Chair nomination – Mary Fischer made a motion to nominate Leisha Roy for Chair, it was seconded by Heather Parker. No other nominations were made, motion passed.

GOOD OF THE ORDER

Leisha gave a big thank you to Heather Parker and her team for making the delicious waffles.

Nicole Schofield from the Department of Health, shared the updated Lee county Mental Health Resource Guide. She also announced that Saturday, April 15 from 9AM to 1PM is going to be the Spring Minority Health Fair at The Heights Center.

PUBLIC COMMENT

Leisha asked if anyone had anything for public comment.

Meeting was unanimously ended with a motion made by Wally Colon and seconded by Julie Noble.

Meeting adjourned at 10:30.

2023 – 2024 Meetings

September 21, 2023

November 16, 2023

February 8, 2024

April 11, 2024